

# SET FREE FROM SHAME

GENESIS 2-3



## SERMON NOTES:

## NEXT STEPS:

1. Every day this week read over the Who I am in Christ Statements.  
<http://restored.pub/resources> (we may need to save this document to a local tbc page)
2. Let us know that you responded to Jesus' call and received him as your new life. As a first step fill out the connect card or email us at [pastor@tbclife.net](mailto:pastor@tbclife.net) and let us know so that we can reach out to by phone and help you.
3. If you are living with shame, share it with a trusted friend, pastor, our counselor.
4. Find a group of trusted friends who can help you on your journey of grace.  
<https://www.tbclife.net/groups/>
5. Be back next week as Pastor David talks about how, as a Christ follower, you can be Set Free from Anxiety.

## DISCUSSION QUESTIONS:

### GENESIS 2-3

Open your group or time alone in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions and Next Steps above, or simply dive deeper into just one. Before you close with prayer, look over the three essential questions at the end.

1. What's the difference between embarrassment and shame?
2. In Genesis 2 How well do you feel that God understands Adam's needs and desires? How well do you feel that God understands your needs and desires?
3. In what ways does God give acceptance, significance, and security toward Adam and Eve?
4. In Genesis 3 which portion of the serpent's statements (vv. 1,4,5) are true and which are false (compare 3:4-5; 3:22; 5:5)? Why do you think the serpent mixes the truth with lies?
5. How might someone today fall prey to the same tempting question, "Did God really say ...?"
6. Why do they engage in the original "cover-up" (2:25; 3:7), "hide-and-seek" (3:8-10) and "who dunnit" games (3:12-13)?
7. What did sin and shame produce in this story? What replaced acceptance, significance, or security? What's the truth?
8. How would you describe your relationship with God today? (2 Cor 5:21; Romans 8:1)

### THREE ESSENTIAL QUESTIONS

1. **What do you think?** How did this message challenge, change, or affirm your thinking? What point in this message was most impactful for you?
2. **What will you do?** How will you or your group put into practice what you've learned today?
3. **How can you help others in your group?** How can you encourage, affirm, pray for, or keep accountable the commitments they put into practice?

## **KIDS' SERMON GUIDE:**

Pastor Trenidy shared twelve Who I am in Christ statements with us in his sermon. One of the statements is "I am God's child." God has chosen us for adoption.

Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God. John 1:12 (NIV)

His unchanging plan has always been to adopt us into his own family by bringing us to himself through Jesus Christ. And this gave him great pleasure. Ephesians 1:5 (NLT)

There was once a couple who had wanted children for many years, but they had been unable to have a child of their own. They began trying to adopt a child and after years of waiting, and a baby boy who needed a family became available for adoption. The couple stood before the judge and listened as the judge said to them, "From this day on, this is your son. There may be times when he will disappoint you. There may be times when his behavior may break your heart, but he is your child. He will have your name and one day, everything you own will be his because he is your son."

Adoption is a beautiful thing. Did you know that you and I have been chosen for adoption? The Bible tells us that long ago, even before he made the world, God loved us and chose us to be his own. His plan, from the very beginning, was to adopt us and to make us a part of his family through his Son, Jesus Christ. When we put our faith and trust in Jesus as our Savior, we are adopted into God's family.

## **KIDS' ACTIVITY: ADOPTION PAPERS**

Parents can make up an adoption form on the computer to give to your child. Let children fill out the paper and roll up like a scroll and tie the scroll with a ribbon.

Ideas for the "adoption papers" could be:

GOD HAS CHOSEN \_\_\_\_\_ FOR ADOPTION INTO GOD'S FAMILY.

\_\_\_\_\_ THANKS MY FATHER IN HEAVEN FOR LOVING ME

AND ADOPTING ME INTO HIS FAMILY.

Signed \_\_\_\_\_, Adopted Child

(From sermon4kids)